SAN LEANDRO UNIFIED SCHOOL DISTRICT

6th-8th Comprehensive Sex Ed/HIV/AIDS/Health INSTRUCTIONAL MATERIALS

BACKGROUND INFORMATION

Due to a lack of materials and training, our Comprehensive Sex Ed/HIV/AIDS and Health curriculum in general has been inconsistently implemented at each middle school and at every grade level. Also, the program was being implemented fully at 7th grade, less completely in 8th and usually not at all in 6th grade. Given that these are important years when many of our students are making important decisions about these issues. The Task Force received training on the Ed Code requirements for this curriculum and then after a detailed examination of the pros and cons of each program they selected:

- **Washington State Department of Social and Health Services "*Making Healthy Choices*" Curriculum**
- **Supplementary Materials:**
  - **6th: 2 FLASH Lessons *"Puberty Day 1-2"* from 4th-6th Grade Curriculum**
    Video: Discovery Channels Body Story: "*Teen Dreams*" (60 min)
    http://www.youtube.com/watch?v=DGVPQF03tfI
  - **7th: Video: PBS's "*Life's Greatest Miracle*" (56 min)**
    http://www.youtube.com/watch?v=1w9o89KkX2A
    Video: "*Teen Pregnancy Options*" (6 min)
    www.youtube.com/watch?v=ip_hzMLyWXI
    "Dear Expert" Lesson (Adapted from: Planned Parenthood Federation of Canada (2001) *Beyond the Basics: A Sourcebook on Sexual and Reproductive Health Education.* Ottawa: Author.)
  - **8th: Video: MTV Video/Kaiser "*Think HIV; This is Me*" (25 min)**
    http://www.thinkhiv.org
    Video: El Paso County's "*Teen Dating Violence*" (18 min)
    http://www.youtube.com/watch?v=nZ11945KwZc
    http://www.youtube.com/watch?v=074i9C-6LoA
    Videos: *"It Gets Better"*
    http://www.itgetsbetter.org/

PROJECTED COSTS: No funding needed

Grade Span	Projected Costs
Middle Schools	No cost to purchase (Minor Copies/binding costs to be determined)
Total Projected Costs	**$0**

List of programs considered by the task force

Publisher	Program Title	Grades
ETR Associates	*Draw the Line*	6-8
ETR Associates	*Health Smart*	6-8
King County, Wash	*Family Life And Sexual Health (FLASH)*	4-6,7-8
Red Cross	*Positive Prevention Plus*	6-8
Washington State Department of Social and Health Services	*Making Healthy Choices*	6-8

Middle School Textbook Adoption

Washington State Department of Social and Health Services
Making Healthy Choices **6-8**

Task Force Members

Anna Boone	Bancroft Middle School
Gaia Pine	Bancroft Middle School
Gery Baura	Muir Middle School
Jen Farago	Muir Middle School
Chuck Vonderheid	Muir Middle School
Mike Walbridge	District Office

Adoption Process

Date	Action	Result
2011-12	Surveyed Science teacher about CSE/HIV/ Curriculum being used	Determined there was a wide range of materials being used and gap between 5th and 7th grade
Oct 16, 2012	**Gathered info** on district options and Ed Code at"ACOE CSE Network Meeting"	Narrowed results to limited number of programs meeting California Ed Code
Feb 10 2013	Met with CSE consultant Jeff Gould	Agreed on 5 programs for task force
Feb 28	**Task Force:** 5 Science teachers from Bancroft and Muir meet to learn about Ed Code and to preview 4 program meeting E Code requirements: • FLASH • Draw the Line • Positive Prevention • Health Smart • Making Healthy Choices	Decided to pilot on *Making Healthy Choices* curriculum as well as some Supplementary videos
April 22	**Task Force:** 3 Science teachers decide on which lessons from the curriculum fit best in 6th, 7th and 8th grade	Developed sequence of 10-14 lessons for each grade level to pilot
May	**Pilot**: 10 of 13 Science teachers piloted parts of the program, including one at each school at each grade level	Gathered detailed feedback from pilot
June 17	**Task Force**: 4 teachers reconvene to share results of pilot and make changes to the proposed curriculum	Added two lessons from FLASH, rearranged order of some lessons, and other minor changes
June 19	**BCC**: Results presented to BCC	

NEXT STEPS IF BBC-APPROVED		
	Board Meeting: if recommended by BCC	
	Order Materials based on Board decision	
	Training: Provide training for teachers in preparation for use of the program in Spring 2014	

Washington State Department of Social and Health Services *Making Healthy Choices,* 6-8	
Strengths	Weaknesses
• Public document—in public domain like FLASH • Could be merged • Easy to access as an instructor • Kid-friendly; interest grabbing; engaging • Has a lot of science content • Empowering curriculum—encourages being ok with who you are • Would not feel like you need to adapt it for our students; little extra work • It is meeting minimum Ed Code • Has HIV/AIDS section • We could have it in electronic or hard copy • Was pilot tested in Washington and was approved but never used. Was updated more recently.	• Not online but we can get it. • Requires copying of materials and printing of cards