SAN LEANDRO UNIFIED SCHOOL DISTRICT

RESOLUTION NO. 16-51

Diabetes Awareness Month
November 2016

WHEREAS, Diabetes affects people across our country and remains a pressing national health concern, with nearly 30 million Americans who live with a diabetes diagnosis, and many more who go undiagnosed, and;

WHEREAS, Diabetes affects youth, adults and elderly and is one of the leading causes of death and disability in the United States, and;

WHEREAS, Type 1 diabetes is most commonly diagnosed in young people, and has no known method of prevention. However, it can be managed with regular exercise, good nutrition, and proper medication, and;

WHEREAS, Type 2 diabetes accounts for roughly 90 to 95 percent of diagnosed cases of diabetes in adults, and the risk of developing it is commonly associated with older age, obesity, physical inactivity, and a family history of diabetes, and;

WHEREAS, Diabetes contributes to high blood pressure, stroke, kidney disease, blindness, lower extremity amputations, depression and other complications; and,

WHEREAS, Total health care and related costs for the treatment of diabetes runs in excess of $176 billion annually, and;

WHEREAS, much of the health and economic burden of diabetes can be averted through preventive health methods;

NOW, THEREFORE, BE IT RESOLVED, that the San Leandro Unified School District Board of Education recognizes November as Diabetes Awareness Month.

PASSED AND ADOPTED this 15th day of November, 2016 by the following vote:

AYES:
NOES:
ABSTAIN:
ABSENT:

Lance James, Board Vice President

Mike McLaughlin, Superintendent