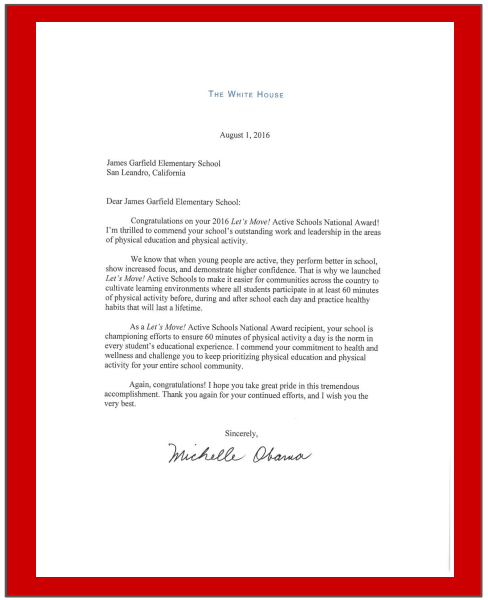


Zero to Sixty - Let's Move!

Garfield Elementary School
San Leandro Special Board of Education Meeting
January 10, 2017

Let’s Move Active School 2016 National Award





THE WHITE HOUSE

August 1, 2016

James Garfield Elementary School
San Leandro, California

Dear James Garfield Elementary School:

Congratulations on your 2016 *Let's Move!* Active Schools National Award! I'm thrilled to commend your school's outstanding work and leadership in the areas of physical education and physical activity.

We know that when young people are active, they perform better in school, show increased focus, and demonstrate higher confidence. That is why we launched *Let's Move!* Active Schools to make it easier for communities across the country to cultivate learning environments where all students participate in at least 60 minutes of physical activity before, during and after school each day and practice healthy habits that will last a lifetime.

As a *Let's Move!* Active Schools National Award recipient, your school is championing efforts to ensure 60 minutes of physical activity a day is the norm in every student's educational experience. I commend your commitment to health and wellness and challenge you to keep prioritizing physical education and physical activity for your entire school community.

Again, congratulations! I hope you take great pride in this tremendous accomplishment. Thank you again for your continued efforts, and I wish you the very best.

Sincerely,

Michelle Obama

[Through the Eyes of A Child]

Daily Physical Activity





Brain Breaks in Classrooms



Track Team, Game Day and a lot more...





School Garden Transformation





Thanks to Tri-Net and SLED

School Garden Transformation







Our First Winter Harvest and Salad Tasting







Family Cooking Classes



Healthy Choices Fair







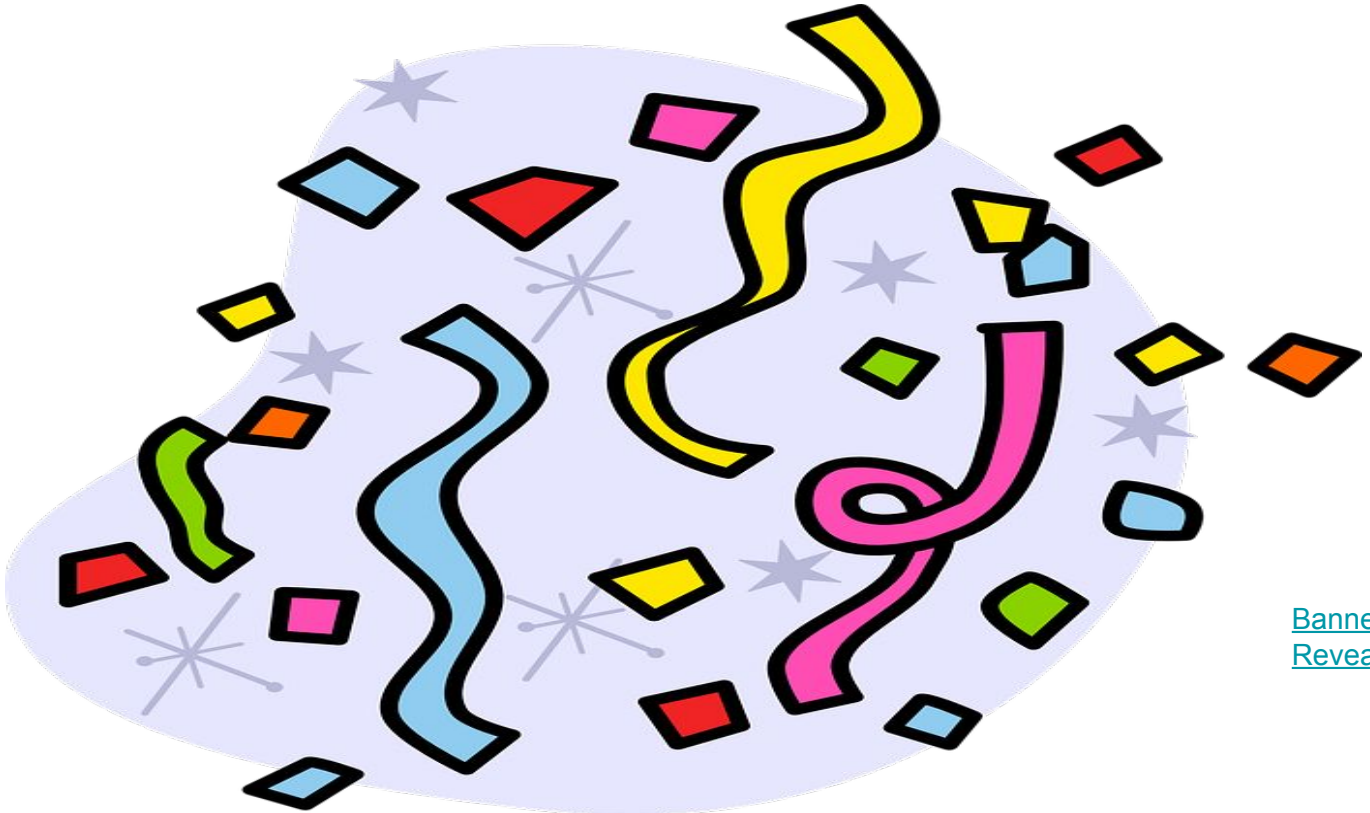


One Ingredient Snack Challenge

Activity Groups for Students, Staff and Parents

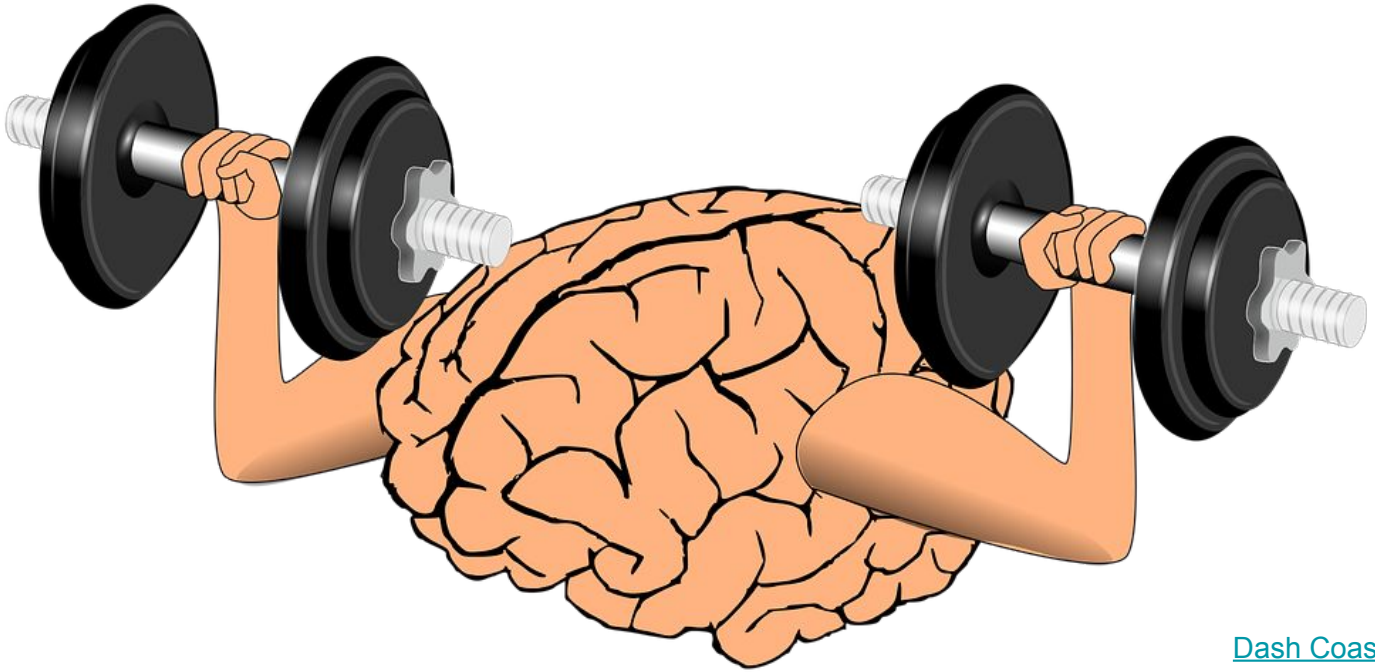
5th Grade Outdoor Education

School-wide Celebration



Banner Reveal

Brain Break!



Dash Coaster