high expectations

Bridging the gap between home and school

Memorandum of Understanding

HIGH EXPECTATIONS PARENTAL SERVICE
and
SAN LEANDRO UNIFIED SCHOOL DISTRICT

This Memorandum is entered into between High Expectations Parental Service and San Leandro Unified School District.

High Expectations is an educational consulting firm whose purpose is to significantly impact student achievement through increased parental involvement in the educational process.

San Leandro Unified School District enters into this agreement with High Expectations to deliver the 9-week "I Am Here and Ready to Learn" parent leadership workshops in both English and Spanish. We will equip parents with the skills and tools needed to fully support their child's success in school.

High Expectations agrees to provide:

Facilitation of Parent Education Curriculum
Parent Educators from High Expectations will facilitate the "I Am Here and Ready to Learn!" curriculum. We will recruit parents, facilitate workshops and ensure retention.

SCOPE OF SERVICES

The curriculum includes the following workshops:

Workshop 1 Role of the Parent: At Home And At School
In this class, parents will discuss their role as their child's primary educator. Parents will be given tools that will help them to create a positive relationship with their child's teacher. They will discuss parent involvement and what they can do to play a key role in the school.

Workshop 2 Stress Management
In this class, parents will understand what stress is and how to alleviate stress in their lives. They will determine their personal stress triggers and what to do when they occur. Parents will be introduced to self-nurturing techniques. They will understand the damaging affects that stress has on the body.

Workshop 3 Building Self-Esteem
In this class, parents will learn to build self-esteem in their child through:

A loving word
A loving touch
Showing your child that they are valuable
Believing that your child has a special future ahead
A commitment to helping your child reach that special future

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Workshop 4 Communication

In this class, parents will first learn to communication with other adults. This will serve as a model for children. Then parents will discover how to acknowledge a child's feelings rather than deny them. They will learn how to encourage cooperation with their children. Through role-playing and discussion, parents will learn strategies for helping their children deal with their feelings.

Workshop 5 Parenting Styles/Positive Discipline

In this class, parents will learn the three primary parenting styles and understand how each style affects their children. Parents will identify their own parenting style and discuss the pros and cons of that style. In addition, parents will understand the difference between punishment and discipline. They will understand what positive discipline is. Parents will learn about and create "family contracts" as a method for positive discipline in the home.

Workshop 6 Ages and Stages

In this class, parents will understand Erick Erikson's Stages of Development and what they can do to help their children through the different stages. They will understand the California Content Standards for their child's grade level and gain tools for helping their child master the standards.

Workshop 7 Creating An Atmosphere for Success

In this class, parents will learn how to set up a structured home environment where learning is priority. They will discuss ways to prepare a quiet "homework area" so that their children are able to successfully complete homework. Parents will understand the importance of having high expectations for each assignment and how to approach teachers if there is a question.

Workshop 8 Using Academic Language in the Home to Deepen School Learning

In this class, parents will be exposed to the reading strategies and terminology used in their child's school. They will learn to increase their child's vocabulary by using the words found in everyday life. Parents will learn to build reading comprehension by asking the same kinds of questions the teacher is asking. Parents will be given tools to raise the fluency level of their child.

Workshop 9 I'm College Bound

In this class, parents will discuss their goals for their children. They will discuss the importance of a college education for tomorrow's leaders. They will receive a step-by-step guide to making sure their child is on track for college.

Each workshop fee includes:

1. Parent workbooks for up to 25 families and all program materials.
2. Recruitment materials provided to school (script, enrollment forms, flyer delivered to school for reproduction).
3. High Expectations Parental Service will make phone calls to targeted parents. Students' and parents' names, phone numbers, grade level, and teacher information is provided by the school to use for recruitment of parents.

The workshop fee does not include childcare and food for participants and both should be provided.

In addition, High Expectations agrees to:

- Obtain fingerprint clearance and TB testing for parent educators and student coaches.
- Maintain attendance and enrollment forms on each participant.
- Respect and maintain cleanliness of classroom space.
- Ensure clear infrastructure for program delivery (i.e. supporting program start and end time, creation of focused curriculum)
- Maintain ongoing, open communication with school administration
- Comply with the child abuse and Neglect Reporting Act guidelines as Mandated Reporters to report suspicions of possible child abuse to the appropriate reporting agency as stated in the California Penal Code 11164-11174.

San Leandro Unified School District agrees to:

- Provide adequate and appropriate classroom space for program delivery.
- Determine schedule for programs.
- Reach out to referred families via phone calls. Provide referrals of families to High Expectations according to program timeline.
- Assist with the program promotion through the distribution of flyers.
- Collaborate with High Expectations to promote student/parent awareness of program.
- Ensure clear infrastructure for program delivery (i.e. supporting program start and end time, notification of school schedules and events that would impact program delivery).

San Leandro Unified School District will reimburse High Expectations $9,400 for program related expenses. High Expectations will invoice San Leandro Unified School District in 2 installments of $4,700. Either party, upon 30 days written notice to each other, may cancel this agreement at any time. During the term of this agreement, either party may request a review in writing to the other. A review meeting shall convene within 30 days. Revisions to this agreement shall be of mutual consent.

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Teneh Weller, Executive Director Date
High Expectations Parental Service

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Cindy M. Cathey, Superintendent Date
San Leandro Unified School District